# **ARVI TRUST**



(For the Inclusion of Differently Abled)



**ANNUAL REPORT 2021-22** 

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# **Contents**

- **\*** Executive summary
- **❖** Our organization
- Our history
- Our vision
- Our mission
- **❖** Where we are today
- **\*** Early Intervention Center for Hearing Impaired children:
- Disha-EIC for Intellectually Challenged:
- Special schools
- **❖** Inclusive School
- Integrated Farm School (IFS).
- \* Multimodal Therapy for Autism:
- **Data Entry Training:**
- Special Education on Wheels
- **\*** Niramaya Insurance Programme:
- Training program for Rehabilitation professionals.
- \* Awareness program for SC /ST people with disabilities:
- Support requested
- **❖** Our thanks to.....
- Visitors
- ❖ Final words

# **Executive summary**

# Message from ARVI Ramchandran:

I am speaking from my heart. Your continuous generous partnership and support is the reason for us to make our vision a reality. You made ARVI possible and for that I and every single one of the members of the families are thankful forever.

We have gone through the last year with struggle due covid-19. Also, we are undergoing development to meet demands that occur in many areas such as physical infrastructure, human resources and organizational effectiveness to serve best services and beneficiaries as possible.



I want to highlight a few key updates that have been commenced since April 2021. You can see more details about the project highlights in the report.

1. Open school registration procedure completed 2 batches of students who passed with centum results.



2. We are pleased to announce that our students Kajan, Saran, Kaviyarasan and Dharsini passed 10<sup>th</sup>

standard through an open school programme. Now they are enhancing their skills and becoming professionals. They will also be accepted in our livelihood program in near future.

- 3. ARVI won several awards and we are being appreciated for our social service. So, we are being recognised by our values and achievements. Ireceived the award for best social worker from the Lions club of Dindigul gem and our staff members too received appreciation award from the Lions club of Majestic.
- 4. ARVI advisory board is established. Mr.Srikanth and Mr.Arunraghavan joined as the advisors to strengthen the service of ARVI. We Hope this effort will help us to raise





donations for more beneficiaries in the future.

I hope you find the report informative and useful. If you have any queries, please reach out to me. Thank you again for your time, support and love. Best wishes from Ramachandran and all ARVI members.

# **Our organization**

### **ARVI's History:**

ARVI trust was founded in 1995 and has been registered under the Indian Trust Act of 1882 since 1995. In the year of 2000, Mr.Ramachandran took charge as the Chief Functionary who spent 16 years working with special children and adults with intellectual disability, developmental disabilities. Ramachandran grew up in a remote village. After schooling, he studied at Vivekananda College, Madurai which is Gurugulam life training college. Later for a master's degree, he went to Sri Ramakrishna Vidyalaya, Coimbatore. There he worked as a hostel warden and studied MSc, BEd and MEd. He spent more time with monks, taking care of special children particularly the visually impaired children. After a few years he knew that all disabilities are not equally treated. Particularly in regards to intellectually disabled children, siblings faced discrimination in mainstream life. Therefore, he resigned his job, and joined ARVI TRUST to help make a difference in the life of the intellectually disabled.

### Vision:

Ensuring Empowerment and Equality of People with Disability.

#### Mission:

- To make a positive difference in the lives of people with disabilities, their families, and caretakers.
- To improve the ability of differently abled people by increasing their involvement and participation in the development process and by promoting their Rights & Rehabilitation.

# Where we are today:

Over the past 20 years we have created three special schools; two early intervention centers for rural intellectually disabled children in Dindigul and Theni districts of Tamilnadu

#### **Early Intervention Center for Hearing Impaired children**

Divert and guide the affected children from their hearing and speech deficiency. This Programme is supported by the SCD Chennai. At present, 18 children are identified in Theni district. Under this new approach, all the affected children from the age of 3 to 6 are taken vears old into consideration. The holistic



development approach was implemented towards the children. The main focus of this programme is to send the same children into the main regular schools after six years.

#### Disha-EIC for Intellectually Challenged

- 1. Early Detection & Identification
- 2. Functional & Formal assessment
- 3. Aids & Appliances
- 4. Teacher & Parent training
- 5. Resource Support
- Individualized Education Plan (IEP)

We have started the Disha Centres for the welfare of Intellectually Disabled Children of early age by providing Early



Intervention. In this day care center, we are providing Physiotherapy, Special Education and other necessary services. There are about 20 infants and children between the age group of 0 to 10 years with delayed development and disability in the Disha center. In this center, the emphasis is given on preschool training for these children in order to make them fit for the special school. Daily, we pick them up from their doorstep and drop them back after the training classes.

We train the students to develop their general motor skills, to improve their listening skills, oral comprehension, reading, writing, speaking, copying, drawing, playing, number work, commendation of others who are around them etc. In the same way we train the students to try to speak in conventional and usual ways which they use in their everyday life, how to express their thoughts in simple sentences and how to interact with other students and anybody else around them. The child is provided with an enabling and safe environment to develop speech. Efforts are made to integrate the children into mainstream school.

#### **Special Schools**

In our area of project, there are no facilities for children with intellectual disabilities and developmental disabilities. They struggle for good nutrition in order to maintain their health and proper education especially, at the key time of development in their life. ARVI School fixes this gap and intervenes early to break the poverty cycle. It offers education and training to develop our members and the local children with disabilities in order to improve individuals. ARVI accommodates special children without any bias which opens a wide area for the children.

The curriculum focuses on managing basic individual functional needs such as eating, reading and communication along with their behaviour, speech and providing physiotherapy. We are also involving students in basic farm activities to optimize their motor skills. Scientific methods are being followed and for standardization, we are using method of academic our own assessment and training content in our three special schools.



The 20th National Paralympic Athletics Championships for Alternative Paralympics was held in Bhubaneswar, Orissa till March 22. More than a thousand Paralympic athletes from all over the state participated in the Paralympic Athletics Team of Tamil Nadu. Fifty-one athletes participated in the above competition. Our School students, Selvan, Kajan and Gowtham, won first place. Also, he won the second place due to which he received a silver medal and the Theni District Disabled Welfare Officer wished them with gold and special gifts.

#### **Inclusive School**

In collaboration with NIOS, we have created an inclusive preschool child centered program in the local area. This provides much needed love and support for young children in the area and allows all children to learn together. The individual caters the children's program learning and emotional needs through individual small and large groups of activities and one to one communication. It is a balanced play and activity-based program, which provides a stimulating environment for



language, intellectual, social, emotional and physical development of the child.

### **Integrated Farm School (IFS)**



This programme aims to enhance the farming skills of the people with disabilities. The project enables trainees to learn farming skills with other allied works. Hence, the beneficiaries will get a higher confidence level in their

workplace. In 2022-23 we would like to upgrade the farm-based training program through the 'Sustainable Agriculture Livelihood Training'.

#### **Multimodal Therapy for Autism**

At our Multimodal Therapy for Autism programme, we provide both intensive and non-intensive therapy programs to treat the core symptoms of autism and improve the lives of the autistic children and adolescents. Each child that we serve receives a program that is tailored to meet his or her own individual needs. Prior to starting the treatment, we conduct a comprehensive assessment for the child's skills and challenging behaviours to create his or her individualized program.



We incorporate lessons to work on skill deficits in areas such as communication, social, play, and academic skills as well as lessons to address daily living skills, perspective taking, self-monitoring, problem solving, classroom skills and behaviour management.





# **Data Entry Training**

In our Data Entry Training programme, 20 students achieved the skills successfully. We are supported byAMBA, Bangalore for the Data Entry training program.



#### **Special Education on Wheels**

In our survey, Sanarpatty, Natham, block villagers identified children with intellectual many disabilities on darkness therapy services but due to the severe disability, they were unable to access the school. So we are going to the doorsteps of the special children to provide them with special education and therapy services with other social supports like getting them the disabled ID card and benefits of other government schemes. Under this we are using a mobile therapy van, and also necessary teaching and learning therapy equipment for the welfare



of severely disabled children. It also includes physical support and offers other health services.

## Niramaya Insurance Programme

Life security is essential for everyone. Having these words, ARVI tied up all the eligible differently abled people into the NIRAMAYA INSURANCE Scheme which is 100% supported by the National Trust. Under this scheme, beneficiaries are eligible and able to receive medical treatment and accident claims.

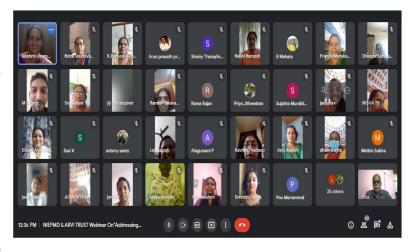
This programme was launched by the Central Government and in order to enjoy these benefits, the special Group members have to submit their copy of income and national identity card. Also, they are all provided with separate identity cards for insurance claims. So far, 132 people have registered.

#### Know more

#### **Training program for Rehabilitation professionals**

CRE program in association with the National Institute for Empowerment of Persons

with Multiple Disabilities (NIEPMD) was conducted in Chennai for 3 day as a training program through online mode for the professionals dealing the differently with abled persons. Thanks to NIEPMD for giving us this opportunity. The **RCI** registered professionals got enlightenment around the topic of 'Addressing Barriers in the



Environment and Universal Design' from 30.06.2021 to 02.07.2021. The training program was very much appreciated and we found that most of the attendees were facing challenges when handling the sources. Thanks to Dr.Amarnath deputy registrar, NIEPMD and Mr.Kamaraj, HoD of special education for the kind guidance and continuous support to ARVI trust.

#### Awareness program for SC /ST people with disabilities

We organized 8 training programmes with the support of National Institute for Empowerment of Persons with Multiple Disabilities (NIEPMD), Chennai. In this programme, we organized SC and ST people and were given 2 days at block level and

one day for district level programmes in Dindigul and Theni district respectively.



After the training, participants expressed their views on Flagship programmes. They had very good explanations about Acts & Policies, Social, Educational, Economic Empowerment, Schemes and Benefits.



# **Support requested**

We have a few areas in which we need your support.

#### **Running cost**

We have a vision of an inclusive society where children and adults with intellectual and developmental disabilities are respected, valued and have the chance to lead a happy

and fulfilled life. To achieve this, we are spreading their Wings to support more people but this also includes facing certain challenges. To cover our running costs without funding is incredibly challenging. As most funders want to contribute to one purchase or new projects, covering the cost is just impossible without this funding.

We would not exist if you or anyone you know would be interested in funding some of our running costs. Please let us know every little bit as it helps to improve the lives of our members. If anybody is interested, join us at <a href="mailto:arvitrust@gmail.com">arvitrust@gmail.com</a>.

#### Our thanks to .....

We are pleased and privileged to have partnered with below organizations so far this year. Our partners are as follows:

- National Trust, Government of India, New Delhi
- State Commissioner for Disabled, Chennai
- NIEPMD, Chennai
- Ticket New, Chennai
- ManavSeva Dharma Trust, Chennai
- Battle of buffet, Chennai
- Aram Porul, Chennai
- Samsdhani Foundation
- Chennai mission, Chennai
- Dhwani Foundation, Bangalore

Thank you to all our staff members' parents and donors who make things like this.

#### **Visitors**

We always love and welcome visitors to our schools and programmes so they can witness the work that is going on and how they can help our work.

Mrs.Sarala, Deputy director, from State Commissioner for the Differently Abled, Chennai.

Mr.Ravinder Singh, Deputy director, from State Commissioner for the Differently Abled, Chennai.

Ms.Vadiuvu, Ms.Prasanna and Ms.Sabeena from Redington Foundation, Chennai.



BSc Nursing Students from Government Medical College Hospital, Theni and MSW students from GTN College, Dindigul are visiting every year to know the works of ARVI and receive the real experience.

#### **Final words**

Thank you so much for all your great support. Once again we thank you for your guidance and financial assistance. If you have any questions or suggestions, please write to arvitrust@gmail.com

#### Read more on our website

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For the Inclusion for differently - abled Dindigul, Theni.

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